

**Appendix 1. The guiding questionnaire used in the study “Long-Distance Travel and the Urban Environment: Results from a Qualitative Study in Reykjavik” during the interviewing process**

**Please tell me about the place you live in**

Is it an apartment or a detached house?  
With whom do you live there?  
Do you own the place or rent it?  
How big it is?  
Is it a good size for you / your family?  
Is it decorated (arranged) the way you want?  
Is it important for you to arrange or decorate?  
Do you have a garden?  
Would you like to have a garden?  
Is it private or shared?  
How would you describe it?  
How do you use the garden?  
Where is your place located?  
How would you describe its location and surroundings?

**Please tell me what is good and what is bad about living here?**

Is there anything that you are tired of or annoyed with when living here?  
Are you satisfied with it?  
*In the long term, how does living here affect your well-being?*  
How does it make your life better or worse?  
Is there anything that makes you happy or unhappy?

**Can you easily access everything you need from your residential location?**

How are the conditions for walking in the area?  
How is the access to parks and recreational areas?  
...green spaces?  
...the ocean?  
...pools?  
Do you use them?  
How do you benefit from them?  
Is your neighborhood green enough?  
Is it important for you?  
How do you benefit from it?  
How is the social life?  
Do you have friends who live nearby?  
How are the relationships with your neighbors?  
***Are there places to meet other people?***  
How would you describe its atmosphere or vibe?  
Is it quiet or hectic?

*What do you mean by quiet*

**What do you think about the density of the built environment around you?**

...population density  
Is the area too sparsely or too densely built?

**Please tell me how you got to live in this place**

*...how did you choose it?*

...

Did you have an influence on choosing this location?

**Do you remember how you made the decisions?**

What did you take into account?  
*...regarding the location?*  
*...regarding the dwelling itself?*  
*...regarding travel modes?*

*...regarding access to services?*

*...regarding greenness?*

*...regarding density?*

How does this place match your expectation?

Why?

Are you thinking of moving out of this place?

Why?

***What qualities do you look for in a neighborhood and what do you avoid?***

*Would you say that your current neighborhood matches your preferences?*

*Where you wouldn't want to live? And why?*

**Could you tell me how you decided to buy / not buy a car?**

*How long have you had it?*

*How did getting the car change your life in general?*

Do you think you could do without it?

Do you feel that you are dependent on your car?

What makes you feel you are dependent on your car?

Do you think that you would be better off NOT owning one?

Do you think that you would be better off owning one?

Do you feel like you are limited by not owning one?

...in what ways?

**Was there ever a phase in your life when you utilized public transportation regularly?**

Did you take the driving test as soon as you could?

...did that have a significant effect on your travel behavior?

***Has that decision affected how you spend money on other things?***

...in six months directly after the purchase

**Please tell me how you normally get to your work- or study place**

...separate work- and study place (ask which )

How far is it from your place?

How much time does it take to get there?

Do you ever change anything in your commute?

...is the location flexible?

What makes you (made you) choose this travel mode?

...and not the bus? / walking / cycling / driving

Does the weather affect how you travel in the city?

Is the travel mode you choose the fastest?

Does the price of transportation affect how you travel within the city?

...how is access to public transportation, walk paths, cycle paths

What is good and what is bad about your commute?

How does it make you feel?

Does it make your life any worse or better?

**How do you think the bus system could be improved?**

Would that convince you to use it more often?

What do you think is the reputation of the bus system?

Are there any stereotypes associated with the travel modes?

What do your friends think about the different travel modes?

How is having or not having a car perceived in society?

*Is there anything good about taking the bus?*

**How do you spend your leisure time?**

How much of it do you spend at home and away from it?

What kind of things do you like doing in your spare time?

Please tell me about other places you visit and how you get there?

...shopping or services

...leisure and social activities

...outdoors

...family-related

How do you choose travel modes for these trips?

How far are they from your home?

Which places are important for your quality of life and how?

...relationships with other people

...personal growth/development

...exercise

...relaxation

How does the city support your wellbeing?

Do you feel like you spend too much time traveling daily or are you OK with it?

How do you think the way you travel around the city affects your life in general?

**Please tell me about your trips outside of the city, within Iceland.**

Where did you go?

Why did you go there?

What did you do on this trip?

What made you want to go there?

What benefit did you get out of this trip?

...how did that trip make you feel?

...how long did it last?

*What was the most memorable trip you made within Iceland recently?*

**What generally motivates you to travel away from the city, within Iceland?**

...how do you think having / not having a garden influences the way you travel?

Why do you think people in general travel to the countryside?

What kind of destinations and trips do you prefer?

***Do you have access to a summer house?***

Could you tell me more about it?

Where is it located?

What do you do in the summer house when you visit it?

How often do you visit it?

How did you get access to the summer house?

Did you travel differently 5 years ago than you do now?

What are the differences?

Do you travel more or less than before?

Why do you think you travel more or less?

...children

...summer house

...income

**Please tell me about your most recent trips abroad**

Where did you go?

What did you do on this trip?

...did you visit cities or natural environments

What made you want to go there?

Why did you choose this location?

Did you consider alternative locations?

What benefit did you get out of this trip?

How did that trip make you feel?

*How long did it last?*

Did you travel differently 5 years ago than you do now?

What are the differences?

Do you travel more or less than before?

...why?

...children

*...income*

*...low ticket prices*

How does the spending in other categories affect your travels abroad?

Would you like to travel more or less?

***What value do you put in being able to travel?***

Is it important to you?

...why is it important?

What does it mean to you?

What would be your dream trip abroad?

What in general motivates you to travel abroad?

In the long term, how does traveling make your life better?

**Is it now considered a norm to travel abroad several times a year?**

Is it socially expected to travel abroad several times a year?

*What would flying excessively mean to you?*

**What do you think motivates other people to travel?**

**Do you ever think about the environmental consequences of travel?**

...about its impact on the climate?

**Do you change anything in your travel due to the concern for the environment?**

***Could you imagine changing anything...***

Have you changed your destination?

...decided not to go?

...changed travel mode?

...decided not to buy a car?

...bought a different car?

...paid for carbon offsets?

**What would need to change for you to consider traveling domestically rather than internationally?**

**Do you think the benefits of travel outweigh the environmental consequences?**

What in general are the benefits of international travel?

**Do you do something to limit your impact on the environment in other aspects?**

...your impact on climate change?

Do you like spending money?

...on what kind of things?

**What do you think would be a good way to limit the environmental impact of travel?**

...increasing taxes on aviation?

...limiting the number of international trips per person?

**Would you like to add anything? Is there something unsaid?**

Are you willing to have a very short follow-up interview in case some interesting issues or additional questions come up?

Thank you for your time!