

1 **Appendix**

2 **Table A1** - Latent constructs, manifest variable codes and definitions

Latent construct	Code	Item
SELF-EFFICACY	Engage	I can always solve complex problems if I try hard enough
	obstacle	If someone objects to me, I can find the means and ways to achieve what I want
	focus_obj	It's easy for me to stick around and achieve my goals
	unexpected_events	I am convinced that I can effectively cope with unexpected events
	manage_unexpect	Due to my ingenuity, I can adapt to unforeseen situations
	manage_diffic	When faced with difficulties, I can remain calm, because I can count on my abilities to cope
	problem_solution manage_anything	When I run into a problem, I can usually find a solution (7) I can usually deal with everything that happens
PES INTERACTION	avail_help	Ready to help you
	friendly	Friendly
	understand	Understanding
	respectful	Sincere
	reliable	Reliable
	competent	Competent
	recogn_cap valued	Recognised your abilities Appreciated you as a person
PES AVAILABILITY	support	Gave you support when you needed it
	understand_problem	Understood your problems
	attentive	Were very attentive to you
	explained_things	Clearly explained things
PES SUPPORT	help_cv	Prepare a CV
	help_info_train	Get information about learning opportunities
	help_info_job	Get information on job opportunities
	suggest_programs suggest_prof_future	Offered employment programmes Gave advice on your professional future
SOCIAL SUPPORT	number_friends	I am happy with how many friends I have
	time_with_friends	I am happy with how much time I spend with friends
	type_friends	I am satisfied with the friends I have
	no_out_with_friends ((_INV)	I do not go out and spend time with friends as often as I would like
	alone_without_support (_INV)	Sometimes I feel lonely and without support
	someone_understand (_INV)	I miss someone really close to me who would understand me and with whom I could talk about intimate things
	ok_family ok_time_family few_social_activities (_INV)	I am happy with what I am doing with my family I am happy with how much time I spend with my family I don't have enough social activity to satisfy me
LIFE SATISFACTION	satisf_yourself	Myself*
	satisf_health	Your health*

3 *Concerning satisf_yourself and satisf_health, a positive correlation is expected between the *Life satisfaction* and these
4 indicators.

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Table A2. Outer estimations: cross-loadings.

	PES INTERACTI ON	PES AVAILABILITY	PES SUPPORT	SOCIAL SUPPORT	SELF EFFICACY	LIFE SATISFACTION
AVAIL_HELP	0.853	0.697	0.519	0.163	0.073	0.109
FRIENDLY	0.883	0.697	0.500	0.158	0.099	0.100
UNDERSTAND	0.888	0.733	0.548	0.148	0.088	0.128
RESPECTFUL	0.801	0.557	0.340	0.157	0.166	0.118
RELIABLE	0.898	0.738	0.523	0.149	0.120	0.145
COMPETENT	0.894	0.693	0.487	0.156	0.125	0.140
RECOGN_CAP	0.630	0.862	0.580	0.190	0.116	0.184
VALUED	0.682	0.888	0.562	0.160	0.087	0.162
SUPPORT	0.713	0.908	0.629	0.160	0.070	0.136
UNDERSTAND_PROBLEM	0.711	0.906	0.602	0.162	0.082	0.142
ATTENTIVE	0.728	0.909	0.620	0.160	0.061	0.155
EXPLAINED_THINGS	0.722	0.794	0.514	0.148	0.086	0.127
HELP_CV	0.403	0.479	0.780	0.017	0.015	0.053
HELP_INFO_TRAIN	0.522	0.614	0.891	0.083	-0.003	0.064
HELP_INFO_JOB	0.539	0.624	0.911	0.094	0.021	0.085
SUGGEST_PROGRAMS	0.481	0.562	0.882	0.029	0.011	0.052
SUGGEST_PROF_FUTURE	0.489	0.612	0.907	0.047	0.021	0.084
NUMBER_FRIENDS	0.145	0.145	0.090	0.741	0.273	0.362
TIME_WITH_FRIENDS	0.206	0.210	0.164	0.741	0.262	0.388
TYPE_FRIENDS	0.167	0.157	0.074	0.687	0.258	0.305
OK_FAMILY	0.157	0.175	0.093	0.624	0.278	0.421
OK_TIME_FAMILY	0.170	0.176	0.114	0.575	0.181	0.315
NO_OUT_WITH_FRIENDS_INV	-0.041	-0.026	-0.038	0.341	-0.008	0.106
ALONE_WITHOUT_SUPPORT_INV	0.043	0.055	-0.065	0.683	0.113	0.381
SOMEONE_UNDERSTAND_INV	0.036	0.029	-0.077	0.653	0.067	0.283
FEW_SOCIAL_ACTIVITIES_INV	-0.003	0.019	-0.090	0.529	0.034	0.258
ENGAGE	0.077	0.027	-0.075	0.181	0.644	0.214
OBSTACLE	0.059	0.034	0.018	0.183	0.639	0.203
FOCUS_OBJ	0.103	0.084	0.048	0.210	0.675	0.283
UNEXPECT_EVENTS	0.085	0.057	-0.013	0.264	0.830	0.323
MANAGE_UNEXPECT	0.093	0.094	0.017	0.205	0.819	0.285
MANAGE_DIFFIC	0.108	0.088	0.031	0.240	0.827	0.341
PROBLEM_SOLUTION	0.132	0.082	-0.009	0.206	0.782	0.289
MANAGE_ANYTHING	0.112	0.097	0.055	0.225	0.784	0.329
SATISF_YOURSELF	0.109	0.139	0.074	0.478	0.394	0.890
SATISF_HEALTH	0.142	0.163	0.062	0.408	0.244	0.815

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