Part 1 : Background information stakeholder

• I just introduced myself, can you now introduce yourself first?

    o What made you decide to participate in this conversation?

• You work as a [participant's position] for [organization]. Can you tell me a bit more about [organization]?

    o In what way is [organization] active within the work/school/family context?

    o Where does [organization]'s interest in digital disconnection come from?

    o How does [organization] already promote digital disconnection?

    o What was your organization's motivation to join the 'Disconnect to Connect' project?

• Can you tell me more about your specific role within [organization]?

    o What are your tasks/responsibilities?

    o What is the connection with digital disconnection?

Part 2: Impact Digitalization

• Digital technologies have become indispensable in our work, school, and family contexts. We now speak of the increasing digitalization of society. Therefore, we are curious about the impact of digitalization within your context/field. Can you describe the impact of digitalization on the work/school/family context?

    o If you compare it to five years ago, what are the major changes?

    o In what ways has digitalization brought about changes in how we experience work/school/family life?

• What do you think are the advantages of digitalization within the work/school/family context? [Sub-questions per example]

    o How do you notice this?

    o Do you think parents/teachers/teenagers/children/employers/employees experience this the same way? Why?

    o Is this only true for [context], or do you feel this advantage extends beyond [context]?

    o Do you think there could be a difference in the experience of [for example, employees and employers]? How does this difference manifest?

o Is there still room for improvement in how [example] is addressed within the work/school/family context?

• Besides advantages, digitalization obviously also brings certain challenges. What do you think are the major challenges of digitalization within the work/school/family context?

o How do you notice this?

o Do you think parents/teachers/teenagers/children/employers/employees experience this the same way? Why?

o Is this only true for [context], or do you feel this challenge extends beyond [context]?

o Do you think there could be a difference in the experience of [for example, employees and employers]? How does this difference manifest?

• In what ways do people within [context] cope with digitalization?

o What are currently the major challenges within your context?

o How does the need for digital disconnection fit into this, in your opinion?

• What do you understand by digital well-being?

o Would other people in your organization describe it the same way? And within your sector/context?

o How do you think people can achieve digital well-being?

• What do you understand by digital disconnection?

o Would other people in your organization describe it the same way? And within your sector/context?

o When do you think one can be considered digitally disconnected?

• What do you think are the main reasons people in your context disconnect?

o How do they disconnect?

o What difficulties do they experience when disconnecting?

o How do people experience digital disconnection? Do they feel it offers a solution?

Part 3 : Policy/regulations/strategies digital disconnection

• What does your organization do to support digital disconnection within the sector/context? How does your organization currently support digital disconnection within the sector/context?

o Can you give some concrete examples of the support you offer?

o How do people/organizations respond to this?

o Do you think your organization can play a key role in the field of digital disconnection?

• Are there other examples/organizations within the sector working on digital disconnection? How do they try to support people in disconnecting digitally?

      o Is there a disconnection policy? What does it look like?

      o Do you feel that this policy has an effect? In what way?

      o Are there informal rules or agreements between people? What are these agreements?

      o Do you feel that these agreements are effective?

      o Can organizations do more? What more could they do?

      o Do organizations see the importance of digital disconnection?

• What do you think is the role of politics/policy regarding digital disconnection?

      o What support is currently available from politics/policy? What does this support entail?

      o How do people in your sector view this?

      o Should politics/policy do more to promote digital disconnection?

• Summarizing question on the responsibility of the following parties:

      o Work: employees, managers, organizational policy, politics

      o School: students, teachers, parents, administration, pupil guidance center, politics

      o Family: children, parents, organizations (e.g., child and family services), politics

      o Who do you think holds the ultimate responsibility?

Part 4: (Research) questions stakeholder

• All things considered, what do you think is still needed regarding digitalization and digital disconnection within [context]?

      o What questions are important/unresolved within your context?

      o What requires more empirical research?

      o What do you think is relevant to investigate for your context?

      o What suggestions do you have for us to include in the project?

• Do you have any other tips/suggestions for our research?