

Supplementary File

Table 5: Overview of participants

Number of participants	Sex	Age
P01	Female	38
P02	Female	20
P03	Female	20
P04	Female	21
P05	Female	20
P06	Male	22
P08	Female	22
P10	Female	20
P12	Female	24
P14	Male	22
P18	Female	19
P19	Female	28
P20	Male	22
P21	Female	21
P22	Female	22
P23	Female	22
P25	Female	25
P26	Female	23
P27	Male	27
P28	Male	22
P29	Female	23
P30	Female	20
P31	Female	25
P32	Male	22
P33	Male	20
P34	Male	24
P35	Female	21
P36	Female	21
P37	Male	24

P38	Male	29
P39	Female	21
P40	Female	28
P41	Female	21
P42	Female	20
P43	Male	23
P44	Male	24
P45	Female	21
P47	Female	25
P48	Female	24
P49	Female	24
P50	Male	25
P51	Male	21
P52	Male	21
P53	Female	24
P55	Female	25
P56	Female	24
P57	Female	22
P58	Female	24
P59	Female	21
P60	Female	34

Notes: Some numbers are missing due to organizational reasons.

Table 6. Descriptives of positive and negative affect dimensions (PANAS scale)

Dimension	Mean	Standard deviation	Minimum	Maximum	Cronbach's Alpha
Positive affect	1.96	.453	1.30	3.00	.712
Positive affect plus	1.90	.438	1.27	3.00	.735
attentive	2.92	.839	1	4	
interested	2.79	1.031	1	4	
inspired	2.38	1.091	1	5	
alert	2.21	1.031	1	4	
determined	2.21	1.080	1	5	
active	2.08	.929	1	5	
strong	1.77	1.012	1	5	
<i>confirmed*</i>	1.28	.686	1	4	
excited	1.15	.489	1	3	
enthusiastic	1.08	.270	1	2	
proud	1.03	.160	1	2	
Negative affect	2.06	.656	1.20	4.00	.781
Negative affect plus	2.12	.632	1.25	4.08	.799
<i>confused*</i>	2.97	1.308	1	5	
upset	2.85	1.309	1	5	
irritable	2.33	1.420	1	5	
jittery	2.31	1.104	1	4	
distressed	2.26	.993	1	5	
scared	2.23	1.224	1	5	
hostile	2.21	1.321	1	5	
ashamed	2.03	1.287	1	5	
<i>insecure*</i>	1.92	.957	1	4	
nervous	1.59	.785	1	4	
guilty	1.41	.785	1	4	
afraid	1.38	.711	1	4	

Notes: n=39. * Additional items; included in the "affect plus" scales. Response scale from '1' ('do not agree at all') to '5' ('do totally agree').